

# AS IT WAS ON RUN 3789 AT LEMBAH BERINGIN

(4/7/2016) CANAM RUN HARE: DAVE SETTERGREN

CanAm Run - Fourth of July, Two Zero One Six

It was real hot, most of the guys reaching the run site to immediately look for shades to cower from the sun. The location was almost 'bare' - no coffeeshops/restaurants around to cool off and nothing to quench the thirst.

Finally, it was six! Off we got to a slow start as the 'bottle neck' had the guys lining up to get to the trail. Thomas 'Cheesy' Chin was heard shouting nonsense about his hope to be in front leading the pack after the first check, was blown. Ever wonder if he could be running that fast.

The first hill was a relief as it brought the pack into some cool shades and the winding trail up was loaded with the first check. There was a commotion due to bees but not that i know of, half high was imagining there were stingy-s.

There were the uphill and downhill, not that they were really high or really steep down but it kept the pack on their toes and had many standing aside on trails to let pass while they were gasping for air in the humid and warm jungle. Barry 'Swinging' Dawe had a word for me when he talked about the run - sweltering, near melting point - your balls are cooked!

In between the low valleys, the hare served us some jungle gravy and in numerous times we get to hear some shrills and squeals from some guys while in front of me Ah Hock was trying his best to not 'dipping in the sauce'.

The home trail was a cool terrace to terrace, hill to hill, offtracks to offtracks run that we had the chance to see the red and round sun setting on the horizon, Slipper Lin was reminiscing the round and red to a nice salted egg yoke!

At last, the run came to a close when we reached the open area opposite the run site. The many people that we left behind on the

run are now in front of us. The hare had us runners following the papers to every nook while the SCBs saw the silly runners going round when they could easily follow the offtracks.

A good run. Back at the run site, a cocktail disguised as a mocktail was served and it was called the Kamikaze drink. It was good that it took a Kamikaze to prepare one! OnSec was on this the whole evening and into the night, it took him round the world which in turn told us the stories from around the world.